

## Wellbeing

Access to Parks and other green spaces has a dramatic impact on our health and wellbeing; lowering heart rates, reducing stress and improving fitness. The Royal Parks Foundation reaches out to make the Parks part of more people's lives, from lunchtime walks and outdoor yoga, to meditation groups and mass participation running events.



# 'SWINGS & ROUNDABOUTS' PLAYGROUND RESTORATIONS FROM £250,000

After years of enthusiastic wear and tear, many of the Royal Parks playgrounds are in urgent need of an overhaul. Become a Swings & Roundabouts Partner and help our young visitors have access to fun, stimulating and accessible play all year round.





#### Education



#### AND SCIENCE **OUTDOORS**

Now, as we develop plans to restore an historic boathouse near the Isis Centre, we would like to extend our education programme to include the science of sport, with a particular focus on rowing. Choose to give a gift of £15,000 to support a pilot holiday scheme, in partnership with London Youth Rowing, and you will have the pleasure of setting in motion a serious, longer-term programme that will teach children how to row and how their sporting body functions. It will also ultimately lead to a restored boathouse on the Serpentine as a base for future activities.

Research shows that young people engaged with the natural world lead healthier, happier lives. In its first full year of activity, the £2.2m Isis Education Centre in Hyde Park has welcomed more than 6,000 visitors. Children aged 3-18 years have enjoyed hands-on learning about nature and the environment, with studies linked to the National Curriculum. More than two-thirds of school visits are from state schools and many are from the most deprived boroughs of our capital.



#### ...OTHER WELLBEING OPPORTUNITIES:

**RPF Half Marathon** – From corporate teams to principal sponsorship **£ON REQUEST** 

Youth Fitness - Athletics coaching for young people in Regent's Park £10,000

Guided Walks Programme - History, wildlife, sculpture walks in central Royal Parks £24,000

#### ...OTHER EDUCATION OPPORTUNITIES:

Isis Education Centre - Family Discovery Day annual series in Hyde Park £7,500

**The Regent's Park Allotment -** Plotting and potting in the Park – 3 years £15,000

Minibeast Magic in Hyde Park - Dedicate the Safari Site and programme £25,000

# **Nature - Green Fingers**



The 5,000 acres of the Royal Parks are home to more than 130,000 trees and thousands of roses (there are 400 varieties of rose in The Regent's Park alone). The trees provide shade and help balance city temperatures in the heat of summer. They combat the effects of urban pollution and help us all breathe easier. With help from the Parks' stunning flower displays, they offer food and nesting places for birds and insects of every kind.

FLOWER POWER IN THE PARKS FROM £15,000

The Parks' wildflower meadows, orchards, gardens and avenues of chestnuts and cherries lift everyone's spirits with vivid bursts of colour through the year.

From children's bulb plantings to sponsoring a rose bed or urn, to corporate volunteering in your own muddy reedbed, there are lots of different ways to get involved.

# PROMOTE SUSTAINABILITY AND A RESPECT FOR THE ENVIRONMENT



#### ...OTHER PLANTING OPPORTUNITIES:

Reedbed plantings - Individual and corporate volunteering opportunities	£15,000
Bulb and wildflower plantings – Twice-yearly school projects in all Royal Parks	£35,000
Greenwich Park - The Herbaceous Border by the Queen's House	£50,000

### Nature - Wildlife Conservation

Richmond Park, the largest of all the Royal Parks, is a National Nature Reserve and Site of Special Scientific Interest. Nearby Bushy Park is of equal conservation value. The Foundation's small grants programme has funded wildlife surveys in both Parks, helping map the locations of rare species, monitor their development and protect them while they are at their most fragile.

Each Royal Park provides unique habitats which together form vital wildlife corridors across the city. The Royal Parks are the green heart of London – and with your support we can keep it that way.



Pelicans have been a star attraction of St James's Park since 1664. This year, three new Great White Pelicans arrived from Prague Zoo to join the colony of three older birds on the lake. Our annual programme of care includes the provision of 2,000kg of mackerel, sardines and herring, veterinary support and education workshops. Become our Pelican Partner and choose the name for one of these magnificent birds.

# THE GREEN HEART NO OF LONDON



#### ...OTHER WILDLIFE CONSERVATION OPPORTUNITIES:

Dedicate a tree cradle in Bushy Park - Personal dedication	£1,500
Bumblebee protection - Conservation & education programme	£12,000
Regent's Park - Hedgehog conservation plus education programme	£15,000

## Heritage

The eight Royal Parks are steeped in history with their listed landscapes, sculptures, fountains, monuments, formal gardens and other sites of interest. Please help us to protect the past, present and future heritage of the parks and their rare and special assets.

SILVER THIMBLE SHELTER RESTORATION AND FUTURE CARE £20,000



AND FUTURE HERITAGE

During the First World War, Miss Elizabeth Hope-Clarke collected vast numbers of silver thimbles to raise funds for ambulances and provide rescue services for the sick and wounded. Her efforts and those of the veterans were later honoured with two 'Silver Thimble Shelters' opposite Kensington Palace. These little shelters are now in need of repair. With your help, we'd like to restore them to good health, to give welcome shelter to visitors in the Park, and ensure that the story they tell of heroism, care and compassion lives on for years to come.

#### ...OTHER HERITAGE OPPORTUNITIES:

The Benches at Snobs Crossing in Kensington Gardens – Personal dedication £10,000

**Trumpet Fountain in Greenwich Park – Personal dedication** £15,000

The Peter Pan Programme - Annual care, guided walks and education

£25,000

# Choose your favourite Park project

We know that people often want to support their local Park, so we work closely with Park Managers to find out which projects most need your help. Take your pick!



**Hyde Park** – The Western Boat House Restoration in association with London Youth Rowing

**Kensington Gardens -** Restoration of the Round Pond opposite Kensington Palace

**St James's Park** – Design and installation of new Bandstand with music programme

**Green Park** – Maintenance of monuments and sculptures

Regent's Park - The Allotment Project in association with the Friends of Regent's Park

**Greenwich Park** – Re-instatement of longest herbaceous border in London

**Bushy Park** – Installation of 2,000 new tree cradles on Chestnut and Lime Avenues

**Richmond Park** – The restoration of the Pembroke Lodge Rose Gardens



#### PHOTOGRAPHY:

- Sasha Gusov
- London Youth Rowing
- RB-Create
- Anne Marie Briscombe
  - Martin Hadley
- Charlotte Fieldin
  - Moxon Architects

# PLEASE SUPPORT THE MAGIC OF THE ROYAL PARKS

If you or your company would like to get involved or find out more about the benefits we can offer in return for your support, please email: support@royalparksfoundation.org or call 020 7036 8040

Please contact me. I would like to find out m  ☐ Summer Sculling on the Serpentine and restoring th ☐ Swings & Roundabouts children's playground resto ☐ Other (please tell us more)	ne Western Boathouse pration
To make an immediate donation, please fill in the form below and post it to: Royal Parks Foundation, The Old Police House, Hyde Park, London, W2 2UH	To donate online please go to www.SupportTheRoyalParks.org
I would like to support the general work of t	the Royal Parks Foundation with my gift of:
□ £500 □ £2,000 □ £5,000 □ £10,000	Other £
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We would like to send you information about the Park our supporters once every two months, so we always We will not pass your details on to anyone else. You o prefer us not to contact you at all, please tick here	have interesting news, events and offers for you. can unsubscribe easily at any time, but if you would
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